

# Charting the LifeCourse - Trajectory Tool

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

**What will help you with your goal or vision for yourself? What has helped in the before?**

**What has gotten in the way of this goal or vision? What has made it hard?**

## Vision for What I Want

What is a goal or vision you have for yourself? Is there something you want to change in your life? Is there something you want to start being responsible for at home or school?

## What I Don't Want

What do you not want for your future?