

Advocacy and Decision Making Scenarios

Saying No

A classmate wants to copy your homework, and you don't feel comfortable with it.

Prompt: How do you say no without causing conflict?

Asking for Help

A teacher gives you instructions for an assignment that you don't understand.

Prompt: How do you ask for clarification?

Movie Time

You and your friend want to see a movie. Your friend picks a movie, but you want to see a different movie.

Prompt: How do you suggest another option or movie that everyone might enjoy?

Sharing Feelings

You have plans with a friend but are feeling overwhelmed. You don't want to disappoint your friend but you know you need some time alone.

Prompt: How do you communicate your need for some alone time?

Participation

You have a question during class but are afraid to raise your hand.

Prompt: How do you overcome your hesitation/feeling nervous and ask your question?

Scheduling

You need to make a doctor appointment but are nervous about calling.

Prompt: How can you prepare for a call? What do you say to get an appointment?

Food Order

You order food at a restaurant and they bring you different food than what you ordered.

Prompt: How can you tell the server/waiter/waitress that the food is wrong?

Bus Stop

You are taking the bus but need help remembering your bus stop.

Prompt: How do you ask a bus driver or someone else on the bus?

Mistakes Happen

You spill something in your lunchroom and feel embarrassed.
You need help to clean it up.

Prompt: How do you tell a teacher or lunch person without feeling embarrassed.

Workplace Noise

You are at work and struggling to focus because of loud noises nearby.

Prompt: How do you ask a co-worker to keep their work volume low in a kind way?

Your Idea

Add your scenario and prompt below:

Your Idea

Add your scenario and prompt below:

Level-Up Scenarios

If you have already had a lot of practice with those scenarios, here are some additional scenarios that are more involved. See if you can come up with some solutions to these.

School Meeting

Your school is planning a new policy that affects students. You have concerns about how it impacts your peers.

Prompt: How do you express your concerns during the meeting? What points do you make to advocate for your classmates?

Group Project

In a group project, you feel that your ideas aren't being valued or heard.

Prompt: How do you share or assert your ideas/contributions and encourage collaboration? What strategies do you use to ensure your voice is included?

Family Discussion

You want to discuss your future plans with your family, but they have different expectations.

Prompt: How do you approach this conversation to ensure your viewpoint is respected? What points do you emphasize?

Access Needs

You're attending a public event that lacks accessibility features you need.

Prompt: How do you communicate your needs to the organizers? What suggestions do you offer?

Class Participation

You feel uncomfortable participating in class discussions but have valuable insights to share.

Prompt: How do you advocate for yourself to feel more included? What techniques might help you speak up?

Medical Appointment

You're at a doctor's office for an appointment. The doctor starts discussing treatments, but you don't fully understand them.

Prompt: How do you ask for clarification? What questions do you raise? voice is included?

Community Services

You're seeking help from a local community service but feel that your needs are not being fully addressed.

Prompt: How do you advocate for better support? What specific examples do you provide to illustrate your needs? points do you emphasize?

Workplace Feedback

You receive feedback from your supervisor that you disagree with. You believe your work has been misinterpreted.

Prompt: How do you address the feedback professionally? What steps can you take to advocate for your perspective?

Expenses

You want to join a club or sports team but the fees are more than you can afford.

Prompt: How do you communicate your concerns to the coach or club advisor? What solutions can you propose, such as payment plans, scholarships, or borrowing equipment?

Conflict Resolution

You're in a disagreement with a friend and need to express your feelings without escalating the situation.

Prompt: How do you communicate your perspective while being respectful? What strategies do you use to find common ground?

Your Idea

Add your scenario here

Your Idea

Add your scenario here