

Worksite Tour and Job Shadowing Ideas

Name: _____ **Date:** _____

Put together some ideas on who you would like to job shadow or where you would like to do a worksite tour based on some of your interests and skills.

My Career Interests:

- What subjects or activities do you enjoy?
- What hobbies or skills do you like? Can they relate to a job?

My Skills:

- Do you prefer to work with others or alone?
- Do you want to work with people, technology, or ideas?

Worksite Tour and Job Shadowing Ideas (Cont.)

Put together some ideas on who you would like to job shadow or where you would like to do a worksite tour based on some of your interests and skills.

Worksite Tour Ideas:

Place where you are interested in doing a worksite tour

- Where in your community combines your interests and skills?
- Do you have know anyone that works there?
- Is there a local business that you want to know more about?

Job Shadow Ideas:

Person or career you would like to shadow in your community:

- Who in your family or community could you shadow?
- Are there teachers, counselors, or mentors who could help you?
- Is there someone you identified in your network?

What I hope to learn from a worksite tour or job shadow:

- Are you hoping to learn more about the work environment? (outdoor, office, individual vs team focus)
- What challenges or tasks do employees typically handle?