

My Voice, My Choice – Script

Note to Instructor:

This script is an option for students who may need more supports in answering questions about their choices for themselves.

Additional Tips:

- For students who use alternative communication methods, you could create visual choice boards or digital options that correspond to these scripts.
- For students who might need more structure, you could provide multiple-choice options for each blank.
- Encourage students to expand on their answers beyond the script if they're able and willing.
- Consider creating visual supports (like emotion cards for feelings) to help students express themselves more easily.
- For non-verbal students, ensure their communication devices are programmed with relevant vocabulary for this activity.

Remember, the goal is to provide a framework that helps students express their thoughts while still allowing for personalization and individual expression. Adjust the complexity of the language and the method of response based on each student's abilities and needs.

What are some things that you like to choose for yourself at home, in school or out in the community?

Script:

Things that I like to choose for myself at home are _____.

Things that I like to choose for myself at school are _____.

Things that I like to choose for myself in the community are _____.

How does it make you feel when you get to make these choices?

Script:

When I get to make these choices, I feel _____.

How do you feel when someone makes a decision for you without asking? What could you say or do in that situation?

Script:

When someone makes a decision for me without asking, I feel _____.

In that situation, I could say or do _____.

Who are the people in your life that support you? How can you let them know what you need?

Script:

The people who support me are _____.

I can let them know what I need by _____.

How do you make choices in your daily life? Are there areas where you'd like to make more independent choices?

In my daily life, I make choices by _____.

I would like to make more independent choices about _____.