

# Knowing My Responsibilities Example

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

**I have the right to...**

Have men and women  
as friends



**Because of this right, I have  
the responsibility to...**

Treat my friends  
with respect

Vote and learn about  
the laws



Register to vote and make  
sure my registration is  
current each year

Work and make money



Show up for work on time  
and do my job

# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have  
the responsibility to...**

Be treated with respect.



A clean, safe place to live.  
And you have the right to a  
place to be alone.



Have food that is good  
for you.



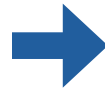
# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have the responsibility to...**

Go to a church, synagogue or mosque if you want to. I have the right not to go to one if I don't want to.



Go to a doctor or dentist when I need to.



Get other health care services, like speech therapy or physical therapy if I need to. And I have the right to get mental health services if I want to talk about my feelings.



# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have  
the responsibility to...**

Get services in a way that  
make me feel comfortable.



Be alone sometimes. And I have  
the right to keep some things  
private if I want to.



Talk or communicate with  
other people.



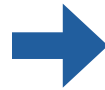
# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have  
the responsibility to...**

Have my own things.  
And I have the right to  
use my things.



Have men and women  
as friends.



Do things that help me  
reach my goals.



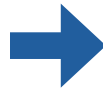
# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have  
the responsibility to...**

Work and make money.



Be treated fairly.



Live without bullying  
or abuse.



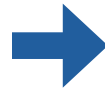
# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have  
the responsibility to...**

Do things I enjoy.



Help make decisions  
that affect my life.



Choose someone to help  
me make decisions.



# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have the responsibility to...**

Earn money and pay my bills. I have the right to save my money and to spend my money. And I have the right to choose someone to help me with my money.



Say who can see information about me and my disability.



Ask for changes when I don't like something. And I have the right to ask for changes without being afraid of getting into trouble.





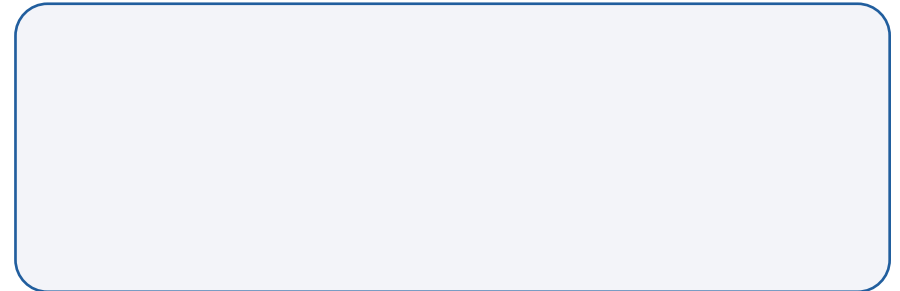
# Knowing My Responsibilities

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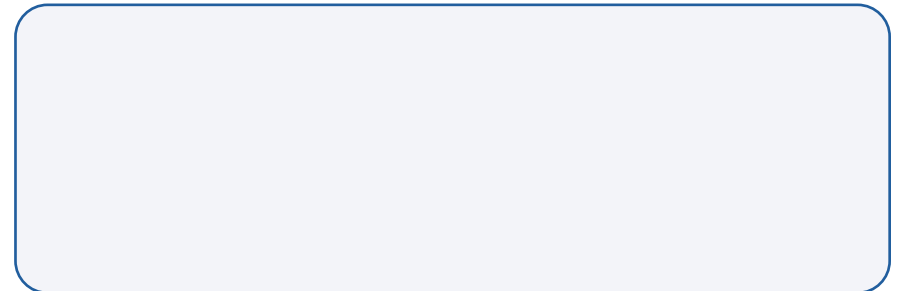
**I have the right to...**

**Because of this right, I have the responsibility to...**

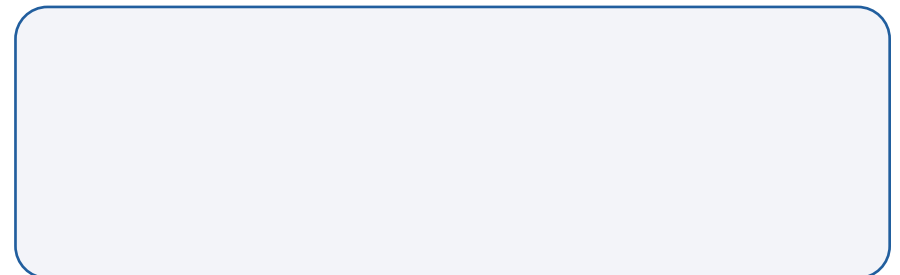
Refuse to take medicine I don't think I need. I have the right to be in control of my own body. I have the right not to be held down if I am not hurting myself or someone else.

A large, empty, light blue rounded rectangle with a blue border, intended for the user to write a responsibility corresponding to the right listed in the first box.

Vote and learn about laws.

A large, empty, light blue rounded rectangle with a blue border, intended for the user to write a responsibility corresponding to the right listed in the second box.

Decide if I want to take part in a study or experiment if someone asks me to.

A large, empty, light blue rounded rectangle with a blue border, intended for the user to write a responsibility corresponding to the right listed in the third box.

# Knowing My Responsibilities

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**I have the right to...**

**Because of this right, I have  
the responsibility to...**

Say no to taking part in a  
study or experiment.

