

Instruction in Self-Advocacy Self-Evaluation

Required Documentation

Instructions on How to Complete the Required Documentation

1. Download or print the pages that you are going to have the students complete.
2. Each section has two sets of prompts. Questions 1-3 are fill-in the blank style and Question 4-6 are short answer style. Help the students complete the set of questions that best fit their learning style. Some students may answer all questions in a section.
3. Use the "I do, We do, You do" method and model how students are expected to complete the questions. (Be sure to include clear expectations about the length and depth of response you expect from students.)
4. Instruct students to read the prompt and respond on a printed version, their own paper, or on an electronic version of this document.
5. Be sure to keep a copy of the student's responses to submit with your paperwork to OOD. You can take a picture or scan a copy.

Categories to Complete

Rights and Responsibilities

Leadership

Self-Awareness

Goal Setting

Speak Up!

Advocacy Resource

Rights and Responsibilities

Question 1

What are two responsibilities you have at home or school?

I am responsible for _____ and _____.

Question 2

An accommodation I have at school to help me learn is?

An accommodation at school that helps me learn is _____.

Question 3

If you needed extra help with something, who would you ask?

I would ask _____ for help.

Question 4

What does the word "equal" mean to you when we talk about treating everyone equally?

Question 5

What is a right you have that you are happy is protected under ADA and or IDEA and why?

Question 6

How comfortable are you with explaining your accommodation needs to new professors, employers, or landlords? What strategies can you use to communicate effectively?

Leadership

Question 1

Name two qualities that make a good leader.

Two qualities that make a good leader are _____ and _____.

Question 2

Name two ways a leader can help their team.

A leader can help their team by _____ and _____.

Question 3

If you are in charge of a project what is one thing you do?

When I am in charge of a project, I _____.

Question 4

How do you handle disagreements with others?

Question 5

What is the most important quality for a leader to have and why?

Question 6

How do you balance being friendly while being in charge?

Self-Awareness

Question 1

What are two words someone would use to describe you?

I am _____ and _____.

Question 2

What are two things you like about yourself?

I like my _____ and _____.

Question 3

Name a nice thing someone has said about you.

_____ said that I _____.

Question 4

Make a list of 5 words or phrases that others may use to describe you:

1. _____
2. _____
3. _____
4. _____
5. _____

Question 5

What are things you enjoy doing and why do you enjoy doing them?

Question 6

What does the word "Self-Awareness" mean to you?

Goal Setting

Question 1

What is something you want to change in your life?

I want to change _____ in my life.

Question 2

What is one thing you would like to take responsibility for at home or school?

One thing I would like to take responsibility for is _____.

Question 3

Name two things that make you feel proud of yourself.

Two things that make me feel proud of myself are _____ and _____.

Question 4

How does setting clear personal goals contribute to your ability to advocate for yourself?

Question 5

How might your self-advocacy goals differ in academic, personal, and future career contexts/settings?

Question 6

How does your support network (family, friends, teachers) factor into your goal-setting process?

Speak Up!

Question 1

Fill in the blank:

I feel uncomfortable when _____.

Question 2

Fill in the blank:

Could you please help me by _____.

Question 3

Fill in the blank:

I need help with _____.

Question 4

What does "speaking up for yourself" mean to you, and how has your understanding of it evolved?

Question 5

What strategies can you use to advocate for yourself while maintaining positive relationships with others?

Question 6

How do you advocate for your academic needs to your teachers/professors?

Advocacy Resource

Question 1

I want to get more advocacy information from _____.

Question 2

What service does this group offer that you're interested in?

Question 3

How can you access or connect with them?