

# Advocacy and Decision Making Scenarios

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## Saying No

A classmate wants to copy your homework, and you don't feel comfortable with it.

**Prompt:** How do you say no without causing conflict?

## Asking for Help

A teacher gives you instructions for an assignment that you don't understand.

**Prompt:** How do you ask for clarification?

## Movie Time

You and your friend want to see a movie. Your friend picks a movie, but you want to see a different movie.

**Prompt:** How do you suggest another option or movie that everyone might enjoy?

## Sharing Feelings

You have plans with a friend but are feeling overwhelmed. You don't want to disappoint your friend but you know you need some time alone.

**Prompt:** How do you communicate your need for some alone time?

## Participation

You have a question during class but are afraid to raise your hand.

**Prompt:** How do you overcome your hesitation/feeling nervous and ask your question?

## Scheduling

You need to make a doctor appointment but are nervous about calling.

**Prompt:** How can you prepare for a call? What do you say to get an appointment?

## Food Order

You order food at a restaurant and they bring you different food than what you ordered.

**Prompt:** How can you tell the server/waiter/waitress that the food is wrong?

## Bus Stop

You are taking the bus but need help remembering your bus stop.

**Prompt:** How do you ask a bus driver or someone else on the bus?

## **Mistakes Happen**

You spill something in your lunchroom and feel embarrassed.  
You need help to clean it up.

**Prompt:** How do you tell a teacher or lunch person without feeling embarrassed.

## **Workplace Noise**

You are at work and struggling to focus because of loud noises nearby.

**Prompt:** How do you ask a co-worker to keep their work volume low in a kind way?

## **Your Idea**

Add your scenario and prompt below:

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# Level-Up Scenarios

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If you have already had a lot of practice with those scenarios, here are some additional scenarios that are more involved. See if you can come up with some solutions to these.

## School Meeting

Your school is planning a new policy that affects students. You have concerns about how it impacts your peers.

**Prompt:** How do you express your concerns during the meeting? What points do you make to advocate for your classmates?

## Group Project

In a group project, you feel that your ideas aren't being valued or heard.

**Prompt:** How do you share or assert your ideas/contributions and encourage collaboration? What strategies do you use to ensure your voice is included?

## Family Discussion

You want to discuss your future plans with your family, but they have different expectations.

**Prompt:** How do you approach this conversation to ensure your viewpoint is respected? What points do you emphasize?

## Access Needs

You're attending a public event that lacks accessibility features you need.

**Prompt:** How do you communicate your needs to the organizers? What suggestions do you offer?

## Class Participation

You feel uncomfortable participating in class discussions but have valuable insights to share.

**Prompt:** How do you advocate for yourself to feel more included? What techniques might help you speak up?

## Medical Appointment

You're at a doctor's office for an appointment. The doctor starts discussing treatments, but you don't fully understand them.

**Prompt:** How do you ask for clarification? What questions do you raise?

## Community Services

You're seeking help from a local community service but feel that your needs are not being fully addressed.

**Prompt:** How do you advocate for better support? What specific examples do you provide to illustrate your needs? points do you emphasize?

## Workplace Feedback

You receive feedback from your supervisor that you disagree with. You believe your work has been misinterpreted.

**Prompt:** How do you address the feedback professionally? What steps can you take to advocate for your perspective?

## Expenses

You want to join a club or sports team but the fees are more than you can afford.

**Prompt:** How do you communicate your concerns to the coach or club advisor? What solutions can you propose, such as payment plans, scholarships, or borrowing equipment?

## Conflict Resolution

You're in a disagreement with a friend and need to express your feelings without escalating the situation.

**Prompt:** How do you communicate your perspective while being respectful? What strategies do you use to find common ground?

## Your Idea

Add your scenario here

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