

Postsecondary Self-Evaluation

Name: _____ Date: _____

Consider these questions to help you know what research you may still need to do to help you plan for your future. It's ok if you are not sure or need help. Think about who could help your planning for your future.

	Yes, I do	No, I don't
1. Do you know your postsecondary interest (E.g., work, military, apprenticeship, college, etc.)?		
2. If there's an admissions process, do you understand what is needed?		
3. Do you know how to plan and make a timeline to help you stay on track with your goals?		
4. Do you know how to request accommodations?		
5. Do you know what accommodations you need for any job, program, or schooling?		
6. Do you understand the costs or financial aid related to any of your postsecondary interests?		
7. Do you have a plan for transportation to get to a job, apprenticeship, college, etc.?		

What other areas do you need to explore more about? Housing, more postsecondary programs, exploring your strengths, etc?

Take a moment to review your answers. Think about the areas where you checked "No" . These are great starting points to talk with a guardian(s), teacher, counselor, or other trusted adult to help you with planning. Who is someone you talk to: