

Retirement Services (MT and NE use this title) or Senior Supports (CT)

Purpose:

The expected outcomes of retirement services are attainment or maintenance of an individual's skills and abilities to the greatest extent possible and prevent isolation of older adults. active engagement in the individual's environment or community through optimal care and support.

OR

The expected outcomes of senior supports are to facilitate independence, promote community inclusion and prevent isolation of older adults.

Definition:

"Retirement services" means provision of regularly scheduled activities in a non-residential setting, such as assistance with acquisition, retention, or improvement of self-help, socialization and adaptive skills that enhance the individual's social development and community living. Activities that constitute retirement services include, but are not limited to:

- a. Supports to participate in community activities and build community membership consistent with the individual's interests, preferences, goals, and outcomes:
- b. Supports to develop and maintain a meaningful social life, including social skill development which offers opportunities for personal growth, independence, and natural supports through community involvement, participation, and relationships.
- c. Supports and opportunities that increase problem-solving skills to maximize an individual's ability to participate in integrated community activities independently or with natural supports.
- d. Personal care including supports and supervision in the areas of personal hygiene, eating, communication, mobility, toileting, and dressing to ensure an individual's ability to experience and participate in community living.
- e. Skill reinforcement including the implementation of behavioral support strategies, assistance in the use of communication and mobility devices, and other activities that reinforce skills learned by the individual that are necessary to ensure his or her continued participation in community life.
- f. Supporting and training the individual in the use of individualized or community-based transportation services

- g. Assisting the individual to use natural supports and community resources
- h. Training in self-determination which includes assisting the individual to develop self-advocacy skills; to exercise his or her civil rights; to exercise control and responsibility over the services he or she receives; and to acquire skills that enable him or her to become more independent, productive, and integrated within the community.
- i. Recreation and leisure including supports identified in the person-centered individual service plan as being therapeutic in nature, rather than merely providing a diversion, and/or as being necessary to assist the individual to develop and/or maintain social relationships and family contacts.
- j. Assisting the individual with self-medication or provision of medication administration for prescribed medication and assisting the individual with or performing health-related activities in accordance with Chapter 5123:2-6 of the Administrative Code.

Provider qualifications:

- a. Retirement services shall be provided by an agency provider that meets the requirements of this rule and that has a Medicaid provider agreement with the Ohio department of Medicaid.
- b. Retirement services shall not be provided by an independent provider.
- c. An applicant seeking approval to provide retirement services shall complete and submit an application through the department's website (<http://dodd.ohio.gov/>) and adhere to the requirements of rule 5123:2-2-01 of the Administrative Code.
- d. An agency provider shall ensure that direct services staff who provide retirement services successfully complete, no later than ninety calendar days after hire, an orientation program of at least eight hours that addresses, but is not limited to:
 - a. Organizational background of the agency provider, including:
 - i. Mission, vision, values, principles, and goals;
 - ii. Organizational structure;
 - iii. Key policies, procedures, and work rules;
 - iv. Ethical and professional conduct and practice;
 - v. Avoiding conflicts of interest; and
 - vi. Working effectively with individuals, families, and other team members.
 - b. Components of quality care for individuals served, including:
 - i. Interpersonal relationships and trust;

- ii. Cultural and personal sensitivity;
 - iii. Effective communication;
 - iv. Person-centered philosophy, planning, and practice;
 - v. Development of individual service plans;
 - vi. Roles and responsibilities of team members; and
 - vii. Record keeping including progress notes and incident/accident reports.
- c. Health and safety, including:
 - i. Signs and symptoms of illness or injury and procedure for response;
 - ii. Building/site-specific emergency response plans; and
 - iii. Program-specific transportation safety.
 - d. Positive behavioral support, including:
 - i. Principles of positive culture;
 - ii. Role of direct services staff in creating a positive culture;
 - iii. General requirements for intervention and behavioral support strategies and direct services staff role including documentation;
 - iv. Human rights committees established in accordance with rule 5123:2-2-06 of the Administrative Code; and
 - v. Crisis intervention techniques.
 - e. Services that support aging adults.

Requirements for service delivery:

- a. Retirement services are available to individuals who are age 50 or older.
- b. Retirement services may be furnished in fixed-site locations existing as of _____ (date the rule goes into effect). Development of new fixed-site locations specifically for the provision of retirement services is prohibited. All providers, including those offering services in fixed-site locations, must offer individuals opportunities to engage in meaningful community-based activities that are consistent with their interests, preferences, goals, and outcomes.
- c. Individuals will be afforded the opportunity to receive supports in settings that are open to the general public, such as senior centers or other community centers.
- d. Retirement services cannot be provided at the same time as adult day support, career planning, group employment support, individual employment support, or vocational habilitation.
- e. A provider of retirement services shall notify the department within fourteen calendar days when there is a change in the physical address (i.e., adding a new

location or closing an existing location) of any facility where adult day support takes place.

- f. A provider of retirement services shall comply with applicable laws, rules, and regulations of the federal, state, and local governments pertaining to the physical environment (building and grounds) where retirement services provided. A provider of adult day support shall be informed of and comply with standards applicable to the service setting.
- g. When meals are provided as part of retirement services, they shall not constitute a full nutritional regimen (i.e., three meals per day).
- h. A provider of retirement services shall recognize changes in the individual's condition and behavior as well as safety and sanitation hazards, report to the service and support administrator, and record the changes in the individual's written record.

8. Day Habilitation

Core Service Definition

Provision of regularly scheduled activities in a non-residential setting, separate from the participant's private residence or other residential living arrangement, such as assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills that enhance social development and develop skills in performing activities of daily living and community living.

Activities and environments are designed to foster the acquisition of skills, building positive social behavior and interpersonal competence, greater independence and personal choice. Services are furnished consistent with the participant's person-centered service plan. Meals provided as part of these services shall not constitute a "full nutritional regimen" (3 meals per day).

Day habilitation services focus on enabling the participant to attain or maintain his or her maximum potential and shall be coordinated with any needed therapies in the individual's person-centered service plan, such as physical, occupational, or speech therapy.

Instructions

- Supplement or modify the core definition as appropriate to specify service elements/activities furnished as day habilitation under the waiver.
- Day habilitation may be furnished in any of a variety of settings in the community other than the person's private residence. Day habilitation services are not limited to fixed-site facilities. Supplement the core definition by specifying where day habilitation is furnished.
- If transportation between the participant's place of residence and the day habilitation site, or other community settings in which the service is delivered, is provided as a component part of day habilitation services and the cost of this transportation is included in the rate paid to providers of day habilitation services, the service definition must include a statement to that effect in the definition.

Guidance

- Day habilitation may not provide for the payment of services that are vocational in nature (i.e., for the primary purpose of producing goods or performing services).
- Personal care/assistance may be a component part of day habilitation services as necessary to meet the needs of a participant but may not comprise the entirety of the service.
- Participants who receive day habilitation services may also receive educational, supported employment and prevocational services. A participant's person-centered service plan may include two or more types of non-residential habilitation services. However, different types of non-residential habilitation services may not be billed during the same period of the day.
- Day habilitation services may be furnished to any individual who requires them and chooses them through a person-centered planning process. Such services are not limited to persons with intellectual or developmental disabilities.
- For individuals with degenerative conditions, day habilitation may include training and supports designed to maintain skills and functioning and to prevent or slow regression rather than acquiring new skills or improving existing skills.
- Day habilitation services may also be used to provide supported retirement activities. As some people get older they may no longer desire to work and may need supports to assist them in meaningful retirement activities in their communities. This might involve altering schedules to allow for more rest time throughout the day, support to participate in hobbies, clubs and/ or other senior

related activities in their communities.

- If States wish to cover “career planning” activities they may choose to include it as a component part of day habilitation services or it may be broken out as a separate stand alone service definition.