

# Transition Basics Overview

## Purpose:

Develop awareness of the necessary components of the transition processes and practices for navigating and preparing youth for a meaningful adult life.

## What are Transition Basics?

Transition Basics represents the foundational information that any school staff working with transition students should be aware of in order to efficiently and effectively partner with families, school colleagues, and agency partners for transition planning.

Transition Basics include:

- Age-Appropriate Transition Assessment and Adult Life Vision
- Instruction and Curriculum: Effective Programs and Practices
- Family Engagement
- Multi-Agency Planning and Partnership

## Why should a Core Team dedicate time to Transition Basics?

Transition Basics provides the fundamentals for working with families and youth for transition planning.

Understanding Transition Basics provides the Core Team with valuable information to inform team decisions concerning their school-wide transition practices and policies.

Transition Basics offers valuable concepts to begin outreach and collaboration with agency partners that also engage youth in future planning and transition support or services.

Our project teams shared their thoughts on why Transition Basics are needed:

“Transition Basics provided us a place to start a common language.”

“Transition Basics gave us confidence to begin our work together as a school team both internally and with our agency partners.”

“We were able to prioritize what information was important for our school to dig deeper to understand.”

“In the brief time that we spent with Transition Basics, we gained new awareness and had access to new resources for familiar information.”

## How can we explore this foundational information without becoming overwhelmed?

- Use the [Core Team Survey](#) to collect you or your team’s baseline knowledge of transition basics. The survey results can assist you or your team to understand where there is the greatest strength and the greatest need among the transition basics topics and where to begin.
- Get started by yourself or with a team. Plan a 30–40-minute time on your calendar to review one of the Transition Basics awareness activities.
- Use a team member that has foundational knowledge in one of the Transition Basics to lead a discussion or provide tips.
- Celebrate your progress and highlight your newfound resources, connections, and awareness.
- Decide who will be included in your Core Team or Building Leadership Team (BLT).