**The Journey: An Advocate’s Journey to Being Heard**

***May 20, 2024***

**Resource List**

* [**The Journey Webinars**](https://ohioemploymentfirst.org/the-journey-a-suite-of-resources/the-journey-webinars)**.** A series of brief webinars spotlighting transition planning tools and resources. Access videos of previous Journey webinars and registration links for future webinars.
* [**People First of Ohio.**](https://peoplefirstohio.org/)People First of Ohio assists people with disabilities who are self-advocates to talk about their needs and rights with people in their communities. Self-advocates make sure that people with disabilities have the right to do what they want in their lives, are responsible for their own choices, and the right to live and do things in the community like other citizens.
* [**Ohio Self Determintion Association.**](https://osdaohio.org/)OSDA’s mission is to:
  + Expand awareness of self-determination principles: freedom, support, control, responsibility, confirmation, relationships, dreams and choice
  + To provide self-determination training and resources
  + To promote and recognize advocacy efforts and assist in organizing advocacy efforts throughout Ohio
  + To assist advocates to connect, educate with policymakers, and achieve leadership positions
  + To provide self-determination best practice input to state and local governing organizations
* [**How Do I Teach Self-Advocacy Skills?**](https://instrc.indiana.edu/tips-tools/_tips/how-do-i-teach-self-advocacy-skills.html) A tip sheet from Indiana University Bloomington on how to teach self-advocacy skills to students.
* [**Project STIR.**](https://osdaohio.org/project-stir/)Project STIR™ is advocacy/leadership training designed to provide people with disabilities and their allies with the tools to advocate for themselves, work with others in advocacy and gain leadership experiences.
* [**Zarrow Institute on Transition and Self-Determination.**](https://www.ou.edu/education/zarrow) The Zarrow Institute on Transition & Self-Determination at the University of Oklahoma strives to promote successful transition outcomes for all by implementing innovative research, putting findings into practice, and disseminating knowledge through high-quality products and professional development.
* [**Transition Discoveries.**](https://transitiondiscoveries.org/)Young people with disabilities, families and professionals who support them make up a powerful network of relationships, knowledge and experience for what's working in transition. Through the power of collaboration, our initiative connects these networks into a detailed road map for success.