

Self-Evaluation

Name: _____ Date: _____

When thinking about possible careers or jobs, it is useful to thinking about what is important to you. Using pictures or words, fill in the following boxes to help evaluate yourself and what is important to you.

Interests, Hobbies, Activities	Personal Characteristics
<p>These are things you enjoy thinking about, enjoy doing, or participating in. Examples include reading, sports, painting, music, etc.</p>	<p>These are ways to describe your personality and how you connect with the world. Examples include your personality traits like being shy or friendly, things you value like honesty and kindness, or habits you have like waking up early or playing a game after school.</p>

Personal Values	Hard and Soft Skills
<p>These are beliefs that are important to you and help guide your decision making. Examples include honest, respect, family, hard work, etc.</p>	<p>Hard skills are things you can do that are teachable or measurable. Examples include computer skills, writing or speaking skills, customer service skills, technology skills, organizational skills, etc.</p> <p>Soft skills are traits you have that are about how you relate to people or handle situations. Examples include punctuality, teamwork, communication, reliability, flexibility, etc.</p>