

Hello! Welcome to Employment First Leadership Training

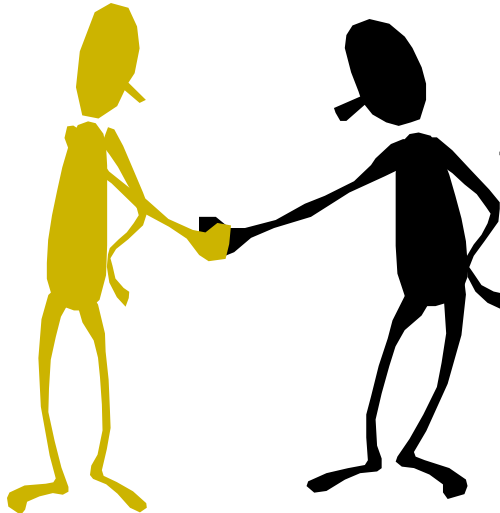
based on Project STIR™ training concepts

Tell me, I'll forget

Show me, I may remember

But involve me and I'll understand.

-Chinese Proverb



This training session is led by a Project STIR™ training team
with the
Ohio Self Determination Association (OSDA)
and funded by
the **Family & Job Seeker Support** grant from the Ohio
Department of Developmental Disabilities

Meet Your Trainers





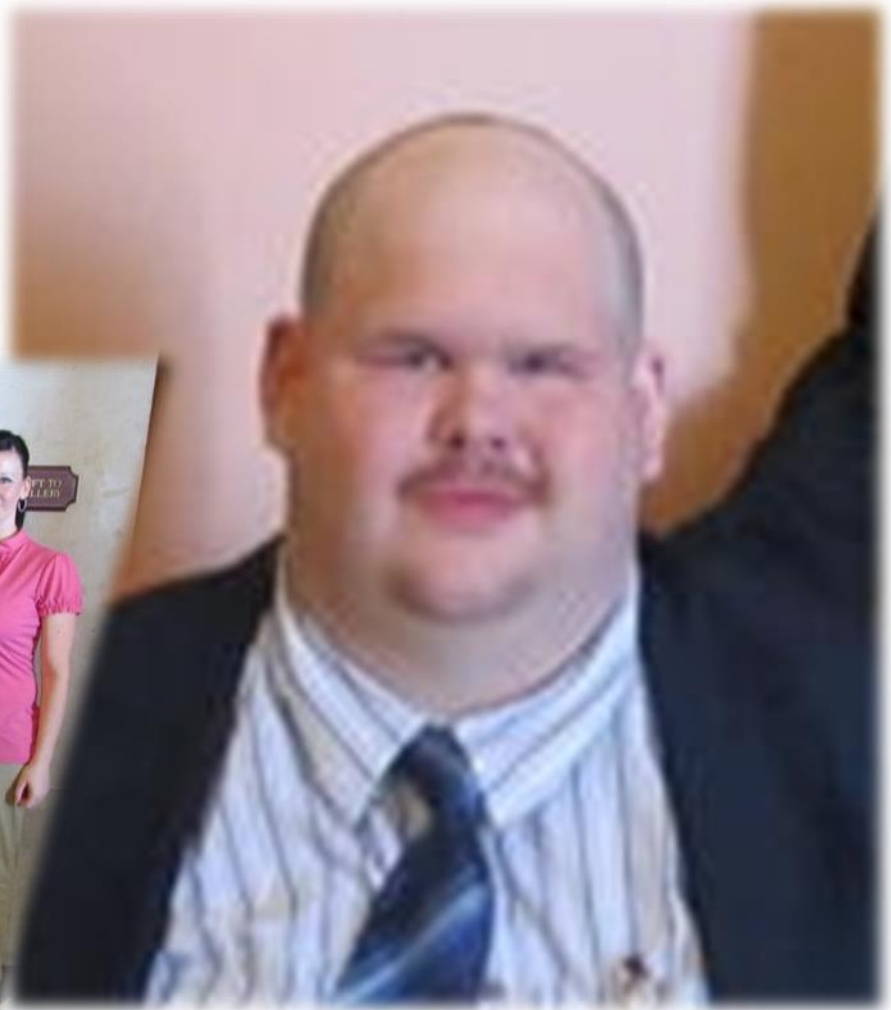
Sandusky County



Sarah Mohrman



Marion County



Lee Butcher



**Delaware
County**

**Jessi
Russell**



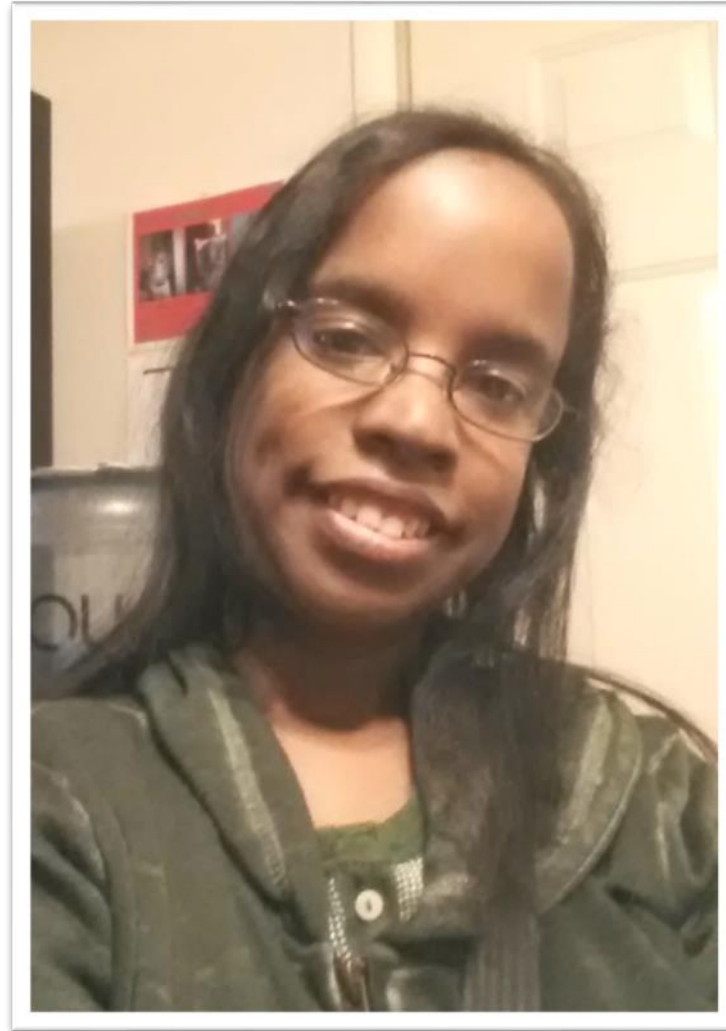
Sandusky
County



Rick Collins



Franklin County



Marci Straughter



Franklin County



Elizabeth Beu

Meigs County



Victoria Baker-Willford



Erie County



Harry Miller



Seneca County



Sean Allison

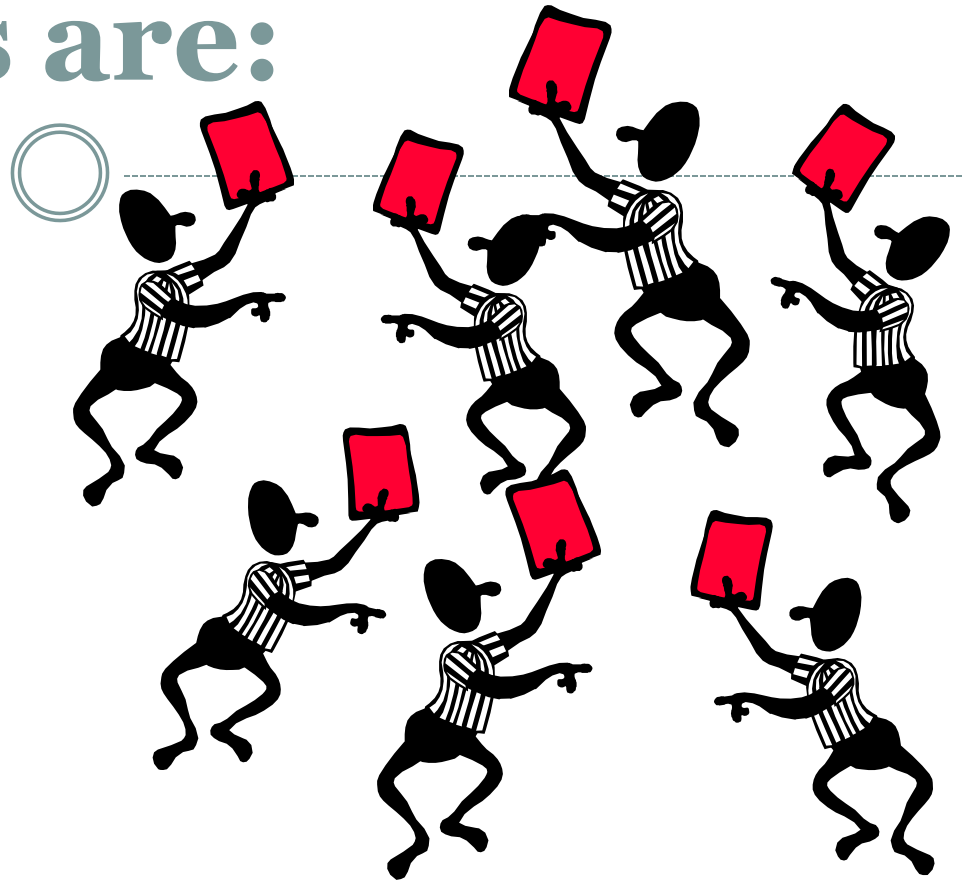


Ottawa
County



Andy Wells

Your coaches are:



We are trainers for....

Project STIR™

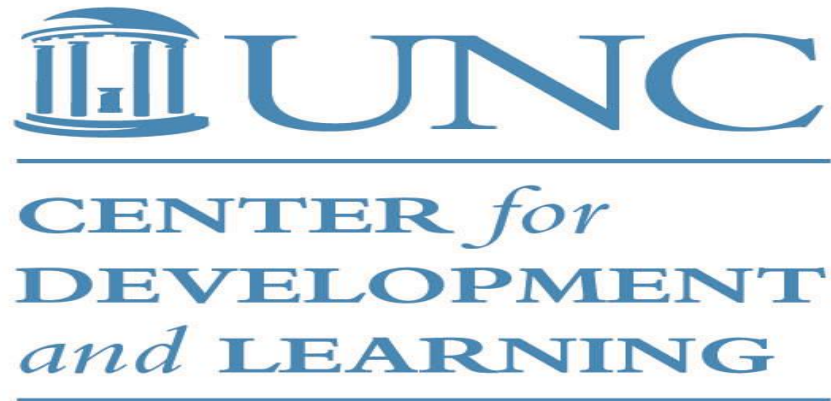
Steps

Toward

Independence and

Responsibility





**Project STIR™ was developed at the
Carolina Institute for Developmental
Disabilities, University of North Carolina
at Chapel Hill.**

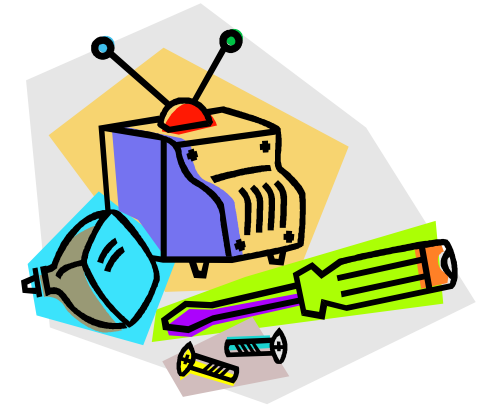


University of North Carolina-Chapel Hill

Ability to Work Video



- <http://youtu.be/p0sMx-Qwbok>
- Comments?
- Are you excited?

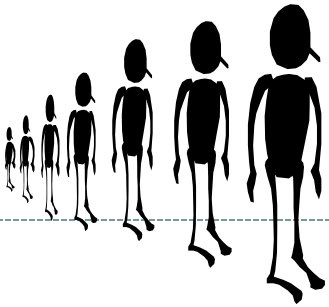




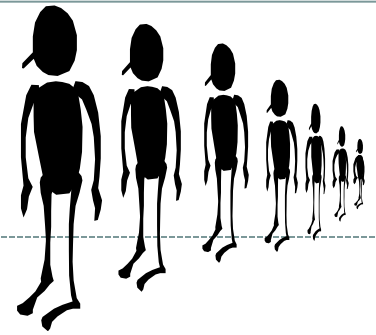
Self-Advocacy means you



- Speak up for yourself
- Ask for what you need
- Negotiate — you agree to some of what others want so you can have some of what you want.
- Know your rights and responsibilities
- Know when to ask for more information that is helpful to you



Self-Advocacy



- As a self-advocate, you make choices. Making choices means you decide – but you can use information from others who can help you.
- Making choices is important when you start to think about a job in the community.

Self-Determination is...



- **Freedom**: you decide what happens now and in the future.
- **Authority**: you decide how to spend your money.
- **Support**: to do what is important to you.
- **Responsibility**: follow rules and laws and help others in the community.
- **Confirmation**: show everyone you can – just do it!

Getting focused: Follow your DREAM!



What is your DREAM? Use your dream to guide your choices and ideas about work.

- Do you like health care? Maybe work in a hospital, clinic, drugstore.

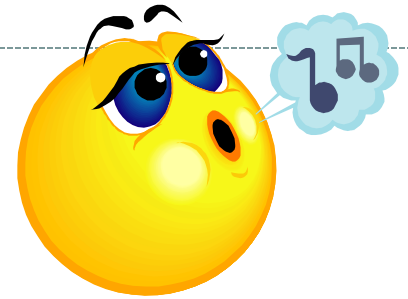
- Like video games? Work in a games store or anywhere that uses technology



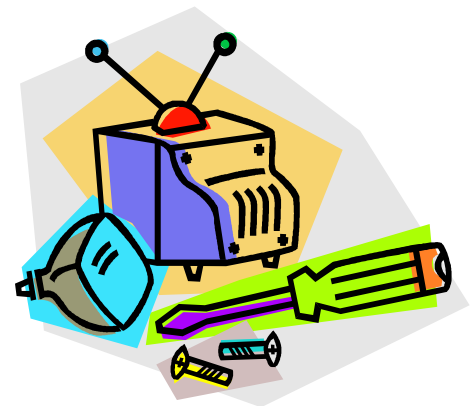
- Like animals? Work in an animal shelter, a zoo

Getting to Know You

Right On/No Way



What do you like?



RIGHT ON AND NO WAY!



RIGHT ON AND NO WAY!

Name: _____


Date: _____

Directions:

Write a \checkmark next to the activities that you like.

Cross out -- X -- the activities that you do NOT like.


\checkmark = Right On! 


X = No way! 


Camping 

Baking 


Hiking 


Cooking: 


Horseback Riding 

Ice Skating 


Swimming 

Roller Skating 

Walking 

Gymnastics 

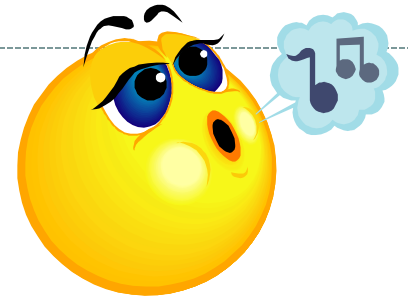
Jogging 

Chess/Checkers 

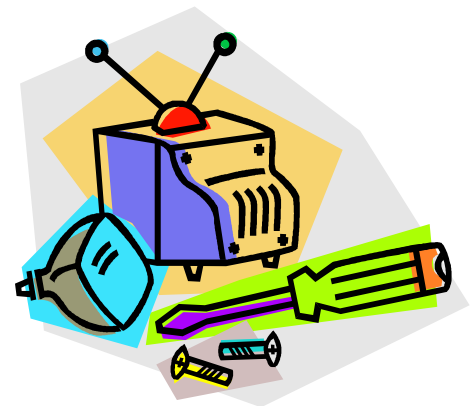
Know Yourself



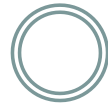
Right On/No Way



What do you like?



More about Knowing Yourself...Ask Yourself



- What important things do you remember about your life?
- What do you want to say about your skills and abilities?
- What do you want to tell others about your disability?
- What are you good at – your strengths?

More about Knowing Yourself...Ask Yourself



- What have you learned to do or do you want or need to learn?
- What education do you have, do you want or need?
- What talents do you have?
- What kind of work do you like ?
- Who can help you find a job - your contacts?

More about Knowing Yourself...Ask Yourself



- What do you know about a job or want to learn?
- How much money do you want or need to make?
- How can you spend the money you want to make?

Know Yourself



Activity – Personal Timeline



My Timeline



My Timeline: _____ **Date:** _____



Use pictures to help tell your story!

Year:	Year:	Year:	This year:	In 3 years:	In 5 years:	In 10 years:

1. After the word “year” on the left side of the timeline, write your birth date on the line.
2. The next two columns are for job, work, volunteer, training or education events in your past. You can use written words or pictures to tell your story.
3. The middle column is “This Year” and is for what you are doing now – where you work, volunteer or are learning. Think about clubs or organizations where you are involved.
4. The last columns are for you to think about what jobs, education, training or volunteering you would like to have happen in the future. At the top of the columns to the right of “This Year”, write the year for 3 years from now, 5 years from now and 10 years from now. It can be a shorter time. It is up to you to decide and make choices about your job in the community.

Know Yourself



Activity – Personal Timeline



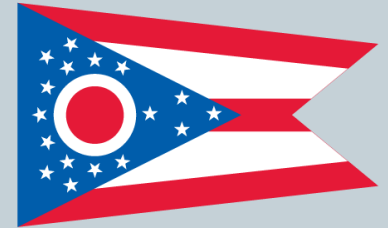
Employment First and the Path to a Job



- Self-advocates are learning more about “Employment First” in Ohio.
- Have you heard about “Employment First” initiative and the employment paths – your path to a job?



**EMPLOYMENT
FIRST**



<http://www.ohioemploymentfirst.org/>

Path to Employment

Person-Centered Planning Process

This is a meeting led by me with a team of people who are important to me. I can choose who I want to be at my meeting. During this planning meeting, my team and I will write a plan to help me figure out what I am good at, what I like, and what my job goals are. During this planning meeting, I can share my thoughts about what I want, and figure out what I might need to know in order help me make my own choices. I should get information about how working may change my benefits, and I should get a list of providers who can help me with this. This is my chance to speak up, ask questions, and tell others what I really want!

As part of my person-centered planning process, I can choose my job goal and where I am on the path to employment.

There are four (4) places on the path to employment:

- 1 I have a job but would like a better one or to move up.
- 2 I want a job! I need help to find one.
- 3 I'm not sure about work. I need help to learn more.
- 4 I don't think I want to work, but I may not know enough about it.

This planning meeting will help me choose my job goal and what I need to help me reach my goal, and will guide the services chosen to support me in my ISP. This planning meeting will take place every year or more often if my job goal or support needs change.

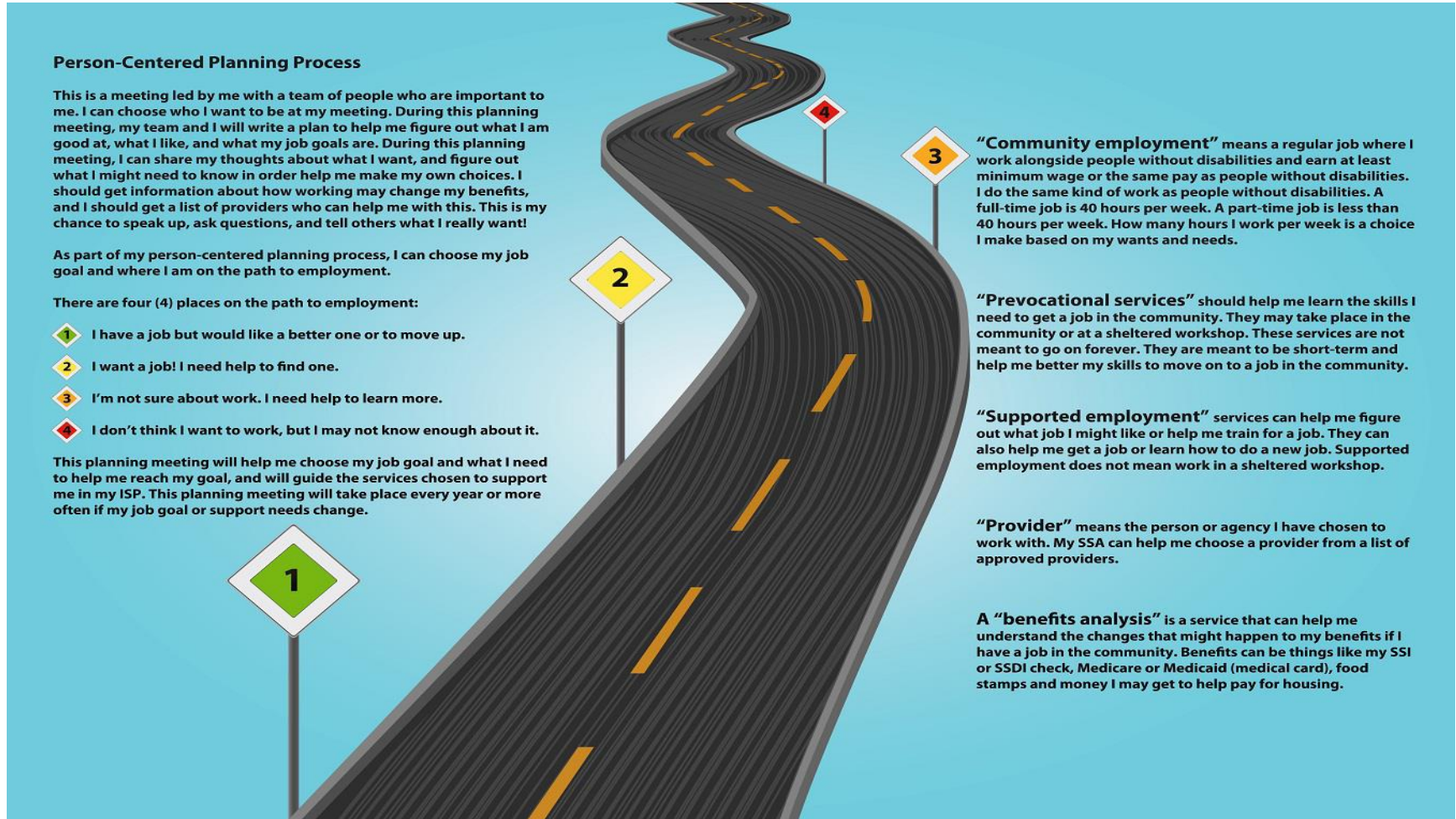
“Community employment” means a regular job where I work alongside people without disabilities and earn at least minimum wage or the same pay as people without disabilities. I do the same kind of work as people without disabilities. A full-time job is 40 hours per week. A part-time job is less than 40 hours per week. How many hours I work per week is a choice I make based on my wants and needs.

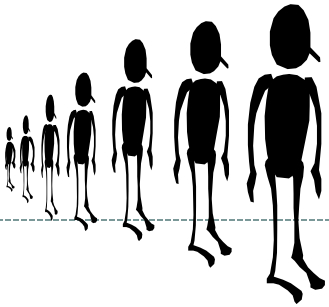
“Prevocational services” should help me learn the skills I need to get a job in the community. They may take place in the community or at a sheltered workshop. These services are not meant to go on forever. They are meant to be short-term and help me better my skills to move on to a job in the community.

“Supported employment” services can help me figure out what job I might like or help me train for a job. They can also help me get a job or learn how to do a new job. Supported employment does not mean work in a sheltered workshop.

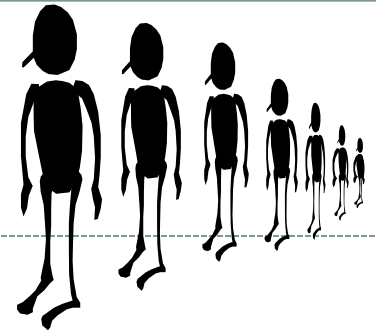
“Provider” means the person or agency I have chosen to work with. My SSA can help me choose a provider from a list of approved providers.

A **“benefits analysis”** is a service that can help me understand the changes that might happen to my benefits if I have a job in the community. Benefits can be things like my SSI or SSDI check, Medicare or Medicaid (medical card), food stamps and money I may get to help pay for housing.





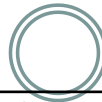
Your Employment Team



- People you know
- People who know other people in jobs
- Professionals who have job information
- Friends and staff who have different experiences and information



My Employment Team



Role	Name	Contact info Phone email	How they might help	What you want to ask	Date of contact	Response and follow up ideas
Teacher						
Counselor \ advisor						
Friend						
Coach						
Family members						
Neighbor						
Club member						
Self-advocacy group member						
Professional organization						

What have you learned?



- You know what you like (your interests) about work
 - “Right on, No Way” activity about work.
 - “Personal Timeline” about past, current and future work experiences.
- You know who can help you find a job that you like
 - you wrote down who can be part of your employment team.
- You learned about self-advocacy and self-determination.