
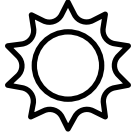



# My Working Preferences (Option 1)

This worksheet has two options. The first option is simpler and the second option can document more detail.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Complete based on your preferences

<p><b>Which time of day would you want to work? (Circle Choice)</b></p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">               Morning         </div> <div style="text-align: center;">               Afternoon         </div> <div style="text-align: center;">               Night         </div> </div>
<p><b>Why?</b></p>	<p>ex. transportation, when I work best, etc.</p>
<p><b>How much do you want to work each week? (Circle Choice)</b></p>	<p style="text-align: center;">Full-time      OR      Part-time</p>
<p><b>Why?</b></p>	<p>ex. gaining experience, planning around responsibilities, benefits, transportation, etc.</p>
<p><b>Where do you want to work? Is it with others? (Circle Choice)</b></p>	<p style="text-align: center;">Office/Community    OR    Home/Remote</p> <p style="text-align: center;">With Others          OR          Alone</p>
<p><b>Why?</b></p>	<p>ex. being around others, transportation, flexibility, etc.</p>
<p><b>Self-employment or Customized Employment</b></p>	<p>I want to know more about...</p>

# My Working Preferences (Option 2)

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Answer the following questions about your preferences when it comes to work and a career**

**1. What time of day do you want to work and why?**

**2. Are you interested in part-time or full-time employment? Why?**

**3. Does the amount you would be interested in working change 6 months from now? Two years from now? How does it change?**

**4. What type of work environment do you want to work in? Are you interested in working alone or with others?**

**5. Reflect on your answers. Do they match with your career interests? If so, how do they match? If not, where don't they match?**