

# Detailed Directions for Facilitating a 5 Whys Discussion

## Group Size

### Directions

5 Whys Root Cause Analysis can be conducted with small or large groups.

### Facilitator Tips

If more than 10 people will participate, divide the group into small groups of 5 – 7 people. That way, everyone will have an opportunity to contribute to the discussion.

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## Organizing for Discussion

### Directions

Each small group will need:

- A **facilitator** to:
  - ◇ Keep the discussion moving and on track
  - ◇ Ensure everyone gets a turn to speak and actively participate.
- A **recorder** to:
  - ◇ Write down ideas from the discussion using a flip chart or using the 5 Whys Graphic Organizer
  - ◇ Review with the group to ensure accuracy of what is recorded

### Facilitator Tips

- The **facilitator** and **recorder** should also actively participate in the discussion.
  - If there are multiple small groups participating, have each group report out at each Stage of the 5 Whys process.
  - Each small group may have different responses at each stage. That's OK and beneficial to determining root cause.
  - After Stage C discussion is complete, gather all the notes from each small group. Complex problems require
  - Teams to implement multiple strategies.
  - Each root cause identified by a group should be considered by the Team and added to the plan as goals and strategies, as the Team agrees.
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## Stage A: Defining the Problem

### Directions

- The Team chooses a problem to analyze for root cause
- The facilitator starts the discussion by asking 'What' questions. To get started, ask a question such as 'What is the problem with \_\_\_\_?'
- Continue to ask 'What' questions until a specific description of the problem is emerges.
- Use the criteria in the column to the right to assist in determining when a clear description of the problem has been reached.
- Recorder writes down 'What' questions and responses, accurately recording the final version of the 'What' question, that meets criteria in the column to the right, for use in Stage B.

### Facilitator Tips

- It may be helpful to review the 5 Whys Stage A examples.
- 'Problems' are frequently initially stated as phrases or broad areas. Stage A provides the process for developing a specific description of the problem
- Criteria for Stage A Problem Statements:
  - ◇ Provides a complete and accurate description of the problem
  - ◇ Includes more information than a word or two about a broad area of concern
  - ◇ Is based on facts and not opinions or conjecture of what might or could happen
  - ◇ Is understood in the same way by all members of the Team

## Stage B

### Directions

- Facilitator starts the discussion by using the problem statement that emerged from the 'What' question discussion.
- Start the problem statement with a 'Why' question.
- Recorder takes notes on responses
- After Team discussion, recorder writes down final response to the '1st Why' question
- It is critical that the 5 Whys process gets started on the right track
- Use the criteria in the right hand column to determine when the 1st Why question response is on track.

### Facilitator Tips

- Use the criteria for the '1st Why' to assist in determining when Team discussion has landed on an appropriate statement to move on.
- Stage B criteria useful for why:
  - ◇ Is understood in the same way by all members of the Team
  - ◇ Is factual and objective and not based on conjecture or opinion
  - ◇ Does not fault particular people or systems
  - ◇ Does not cite a lack of adequate time, personnel or money as the problem

## Stage C

### Directions

- Facilitator starts 2nd Why discussion by beginning the response to the 1st Why with the word 'Why'.
- Team discussion follows, as in Stage B
- Recorder takes notes and writes down final response for 2nd Why question
- Begin each new 'Why' discussion by using the final response from the previous 'Why'.
- Continue to ask 'Why' questions until the Team agrees they have reached root cause
- Use the same criteria as for the 1st Why to make a judgment that each 5 Whys response is on track for leading to root cause.
- The types of root causes listed in the right hand column is not exhaustive – Team's may identify other areas within their sphere of influence to address

### Facilitator Tips

- Asking 5 'Why' questions is only a rule of thumb.
- The Team's discussion may take a fewer number of Why questions, or it may take more.
- The Team generally knows when they have reached root cause. Here are some guidelines that point to the types of root cause Team's often identify:
  - ◇ Flawed or absent knowledge process or procedure
  - ◇ Pervasive misinformation or misunderstanding about roles and responsibilities of one another's systems
  - ◇ A disconnect in practices or procedures across service systems
  - ◇ Flawed or absent communication within or among service systems
  - ◇ Flawed or absent procedure or process across systems
  - ◇ Real or perceived disconnect in communication or across systems

# Ongoing Root Cause Analysis

## Directions

- Always begin consideration of new goals with a '5 Whys' discussion.
- 5 Whys is a simple discussion process, and with practice, it becomes an automatic discussion, without needing to write everything down
- Always refer to the 5 Whys criteria and guidelines to ensure the Team's discussion stays on track

## Facilitator Tips

- Teams may return to a previously started 5 Whys to pursue a different thread, based on the same Stage A Problem Statement, that leads the Team to a different root cause
- Teams may need to return to a previously started 5 Whys after gathering data or information that was needed to respond to a 5 Whys question and move on to root cause